



## Don't Bite Off More Than You Can Chew!

Each year in the United States, federal statistics suggest that Americans waste almost 26 million tons of food, yet we only divert less than 3% of that to recycling and composting programs! As a result, the waste is

deposited into our ever-shrinking landfills and waste streams. The United States produces a plentiful amount of food each year, and the amount of this food that is wasted is shocking. This is disturbing in light of the fact that approximately 9 million American families have less food than they need each year.

The costs for waste collection and disposal can be drastically diminished if the amount of waste put into the waste stream is decreased. Nearly a billion dollars is spent to dispose of waste each year in the United States! Reducing the amount of waste will also prevent the construction of costly new landfills.

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## NO WASTE

Source: <http://www.foodpolicyinstitute.org/research/waste.html>

Recycling is an environmentally friendly and easy way to reduce waste, but it's not enough! Each and every person that eats in our dining centers leaves their footprint in the amount of waste that we contribute to the waste stream. Kansas State Dining Services wants residents to enjoy their dining experience, and leave feeling satisfied. However, we would like to encourage smaller portions at each meal, and return for more of an item if you are still hungry. Taking smaller portions will help to control the amount of food that is wasted at each meal. We appreciate your support in our ongoing efforts to reduce waste and increase environmental awareness. If you have any comments or questions, please fill out an *All Taste...No Waste* comment card and return it to the nearest checker or suggestion box.